

LIQUID NITROGEN THERAPY

What does liquid nitrogen do?

Liquid nitrogen therapy produces a freezing injury to the skin. It is also known as cryosurgery.

What can I expect?

You can anticipate a burning sensation for about 10-30 minutes following the treatment, then perhaps some soreness. Swelling and redness may occur within 24 hours. It is normal for a clear or blood blister to form. Drying and crusting may persist for approximately one week and pinkness may remain for up to one month.

How do I care for the area?

- Keep the area clean with your normal daily cleansing.
- Discomfort and pain are usually relieved with Tylenol or Extra Strength Tylenol.
- Apply cool compresses if you experience swelling or soreness.
- We do not recommend draining the blister if it forms. However, if you develop a large, painful blister, it can be drained with a sterile needle.
- Apply an ointment, like Vaseline or Aquaphor, at night if you develop dry scale or a scab begins to form.
- You may apply makeup if your face was treated.
- Continue to use your sunscreen daily.
- Please do not hesitate to call the office if you have any problems after therapy.

