

iPledge made easy Checklist

(male patients and females of non-childbearing potential)

	Enter Date	Mark Complete
Step 1: Register		
<ul style="list-style-type: none"> ➤ Our office will register you with the iPledge Program today. ➤ Keep lab orders for Step 2. ➤ Keep your yellow card from the iPledge book for Step 3. 	<input style="width: 100px; height: 30px;" type="text"/>	<input checked="" type="checkbox"/>
Step 2: Lab Work		
<ul style="list-style-type: none"> ➤ Go to the Lab. <ul style="list-style-type: none"> ○ Labs must be fasting (no food or drink except water for 8 hours prior). ○ Bring the lab slip that you were given at your appointment. 	<input style="width: 100px; height: 30px;" type="text"/>	<input type="checkbox"/>
Step 3: Expect a Call		
<ul style="list-style-type: none"> ➤ Expect a call from our office within 2-3 days of having your labs drawn. ➤ Important: If you have not heard from our office 3 days after lab draw, please call (949) 364-8411. ➤ Bring your yellow card to the pharmacy to pick up prescription. 	<input style="width: 100px; height: 30px;" type="text"/>	<input type="checkbox"/>
Step 4: Follow Up Visits		
<ul style="list-style-type: none"> ➤ Schedule your follow up visits in advance. Late afternoon appointments fill up quickly. ➤ You must see your physician every 30 days, with completed labs. No refill prescriptions are sent without a follow-up visit. ➤ Make sure our staff “confirms” you on iPledge before you leave the exam room at each visit. ➤ Do your labs 2-3 days prior to your appointment; remember to fast. 		

Please stop ALL topical acne medications, oral antibiotics and acne cleansers. It is very important to stop any tetracycline-based antibiotics such as minocycline and doxycycline as these can have a negative interaction with isotretinoin.

