

The information below reflects our best understanding of our network participation. Insurance plans and networks change frequently, so this list may be incomplete or out of date. Please verify your doctors' network status at our office with your insurance provider.

Insurance	Additional Information
Aetna	<p>In-Network:</p> <ul style="list-style-type: none"> • Most PPO & POS plans • Medicare PPOs • Savings Plus of California – only Dr. Lener and Dr. Fogelson • Select Network Plus – only Dr. Mundi <p>Out-of-Network:</p> <ul style="list-style-type: none"> • Select Network EPO (yellow insurance cards)
Anthem Blue Cross	<p>In-Network:</p> <ul style="list-style-type: none"> • Traditional Prudent Buyer Network • Select PPO Network • Medicare PPOs • Out-of-State BlueCard PPO <p>Out-of-Network:</p> <ul style="list-style-type: none"> • Individual/Family Plans • EPO Plans • Pathway Network • Tiered Network • National BlueCard PPO Basic “PPOB” • Alternate Network • Independent FFS Physicians (formerly Direct HMO) • Vivity Network
Blue Shield	<p>In-Network:</p> <ul style="list-style-type: none"> • Full Network • Medicare PPOs • Out-of-State BlueCard PPO • CalPERS Platinum Plan • Blue High Performance Network EPO – only Dr. Lener <p>Out-of-Network:</p> <ul style="list-style-type: none"> • Individual/Family Plans - we will submit claims for these. • Exclusive Network • Mirrored Network • Tandem Network (including CalPERS Gold plan)
Cigna	<p>In-Network:</p> <ul style="list-style-type: none"> • PPO Network • Medicare PPOs • LocalPlus Network • Open Access Plus Network • Open Access Plus Tiered Network • Cigna Care Designation and Tier 1 Provider Status – Only Dr. Lener and Dr. Jack

HealthNet	<p>In-Network:</p> <ul style="list-style-type: none"> • Most PPO & POS plans • Medicare PPOs • PureCare One EPO • PureCare HSP <p>Out-of-Network:</p> <ul style="list-style-type: none"> • EnhancedCare PPO • Ambetter PPO
Humana	<p>In-Network:</p> <ul style="list-style-type: none"> • Most PPO & POS plans • Medicare PPOs • ChoiceCare Network
Medicare	<p>In-Network:</p> <ul style="list-style-type: none"> • Traditional Medicare • Medicare Supplemental, including AARP • Medicare Advantage PPOs in which we are In-Network for the corresponding commercial plans/networks <p>Out-of-Network, but we will submit claims for:</p> <ul style="list-style-type: none"> • United HealthCare Medicare Advantage PPOs – higher out-of-network copays may apply.
MultiPlan	<p>In-Network:</p> <ul style="list-style-type: none"> • Most PPO Networks • MultiPlan Complementary Network PPO • MultiPlan Medicare Advantage PPO - only Dr. Fogelson
Tricare	<p>In-Network:</p> <ul style="list-style-type: none"> • Tricare Select • Tricare for Life Supplemental • Tricare Prime – To avoid a higher cost share, patients must obtain a referral before their appointment <p>Out-of-Network:</p> <ul style="list-style-type: none"> • Tricare Direct Care
United Healthcare	<p>In-Network:</p> <ul style="list-style-type: none"> • MemorialCare Employee Plan – UMR MemorialCare PPO Tier 1 <p>Out-of-Network, but we will submit claims for:</p> <ul style="list-style-type: none"> • All other United Healthcare PPOs • UMR PPOs

Additional Accepted Networks/Plans

- Affiliated Health Funds PPO
- America's Choice Provider Network PPO
- Beech Street PPO
- Bellflower Unified School District
- California Foundation for Medical Care (CFMC) EPO and PPO
- Corvel PPO
- Employer's Direct Healthcare PPO
- First Access PPO
- First Health PPO Network
- Galaxy PPO
- Healthsmart PPO
- Networks By Design PPO
- PHCS PPO (MultiPlan)
- Prime Health Services PPO

- Provider Network of America PPO and Supplemental
- Provider Select PPO
- Stratose/National Preferred Provider Network (NPPN)
- Three Rivers PPO
- USA MCO PPO