

## iPLEDGE made easy Checklist

(Patients who cannot become pregnant)

	Enter Date	Mark Complete
<p>Step 1: Enrollment</p> <ul style="list-style-type: none"> <li>➤ Our office will enroll you with the iPLEDGE REMS Program today.               <ul style="list-style-type: none"> <li>○ iPledge REMS ID: _____</li> </ul> </li> <li>➤ You will receive an email or text message to active your account. If you do not receive an email/text message, please call iPLEDGE (866-495-0654).</li> <li>➤ Keep lab orders for Step 2.</li> </ul>	<input style="width: 100px; height: 30px;" type="text"/>	<input checked="" type="checkbox"/>
<p>Step 2: Lab Work</p> <ul style="list-style-type: none"> <li>➤ Go to the Lab.               <ul style="list-style-type: none"> <li>○ Labs must be <b>fasting</b> (no food or drink except water for 8 hours prior).</li> <li>○ Bring the lab slip that you were given at your appointment.</li> </ul> </li> </ul>	<input style="width: 100px; height: 30px;" type="text"/>	<input type="checkbox"/>
<p>Step 3: Expect a Call</p> <ul style="list-style-type: none"> <li>➤ Expect a call from our office within 2-3 days of having your labs drawn.</li> <li>➤ <b>Important:</b> If you have not heard from our office 3 days after lab draw, please call (949) 364-8411.</li> <li>➤ <b>Contact your pharmacy to receive your prescription</b></li> </ul>	<input style="width: 100px; height: 30px;" type="text"/>	<input type="checkbox"/>
<p>Step 4: Follow Up Visits</p> <ul style="list-style-type: none"> <li>➤ Schedule your follow up visits in advance. Late afternoon appointments fill up quickly.</li> <li>➤ You must see your physician every 30 days. Your physician may ask you to bring completed labs to your visits. No refill prescriptions are sent without a follow-up visit.</li> <li>➤ Make sure our staff "<b>confirms</b>" you on iPLEDGE <b>before</b> you leave the exam room at each visit.</li> <li>➤ If your physician requested you to complete labs, you must complete them 2-3 days prior to your appointment; remember to fast.</li> </ul>		

**Please stop ALL topical acne medications, oral antibiotics and acne cleansers. It is very important to stop any tetracycline-based antibiotics such as minocycline and doxycycline as these can have a negative interaction with isotretinoin.**

