

## iPLEDGE made easy Checklist

(Patients who can become pregnant)

	Enter Date	Mark Complete
<b>Step 1: Enrollment</b> ➤ Our office will enroll you with the iPLEDGE REMS Program today.	<input style="width: 100px; height: 25px;" type="text"/>	<input checked="" type="checkbox"/>
<b>Step 2: Lock Out Period</b> ➤ You will be “locked out” for 31 days. ➤ During your 31 day waiting period, you will receive an email or text message to activate Your iPLEDGE account. ➤ Contact iPLEDGE (866-495-0654) if you do not receive your ID & Password. <ul style="list-style-type: none"> <li>○ iPLEDGE REMS ID: _____ Password: _____</li> </ul> ➤ You may log on to <a href="http://www.ipledgeprogram.com">http://www.ipledgeprogram.com</a> to confirm your access only.	<input style="width: 100px; height: 25px;" type="text"/>	<input type="checkbox"/>
<b>Step 3: Lab Work</b> ➤ After 31 days and while on your period (days 1-5), have your labs done. <ul style="list-style-type: none"> <li>○ To be completed on or after _____ (month/day/year)</li> <li>○ If your cycle is irregular, you may do your labs any time after the 31 days.</li> <li>○ Labs must be <b>fasting</b> (no food or drink except water for 8 hours prior).</li> <li>○ Bring the lab slip that you were given at your appointment.</li> </ul>	<input style="width: 100px; height: 25px;" type="text"/>	<input type="checkbox"/>
<b>Step 4: Expect a Call</b> ➤ Expect a call from our office within 3 days of having your labs drawn. ➤ <b>Important:</b> If you have not heard from our office within 3 days, please call. <ul style="list-style-type: none"> <li>○ If you do not call, you will be locked out for 31 days.</li> </ul>	<input style="width: 100px; height: 25px;" type="text"/>	<input type="checkbox"/>
<b>Step 5: Log On to iPLEDGE and Pick Up Prescription</b> ➤ Once you have spoken to our office, log on and answer the iPLEDGE questions. ➤ 2 contraceptives entered by patient and prescriber must always match. <ul style="list-style-type: none"> <li>○ Primary: _____ Secondary: _____</li> </ul> ➤ Pick Up your Prescription. <ul style="list-style-type: none"> <li>○ <b>You have exactly 7 days from the lab test collection date to pick-up your prescription.</b></li> <li>○ If this is missed, you will not get your medication. The FDA allows no exceptions.</li> <li>○ You will then be “locked out” and a urine pregnancy test at our office will be necessary.</li> </ul>	<input style="width: 100px; height: 25px;" type="text"/>	<input type="checkbox"/>
<b>Step 6: Follow Up Visits</b> ➤ Schedule your follow up visit. Late afternoon appointments fill up quickly. ➤ You must see your physician every 30 days. Your physician may ask you to bring completed labs to your visits. No refill prescriptions are sent without a follow-up visit. ➤ Make sure our staff “ <b>confirms</b> ” you on iPLEDGE <b>before</b> you leave the exam room at each visit. ➤ If your physician requested you to complete labs, you must complete them 2-3 days prior to your appointment; remember to fast.		

**Please stop ALL topical acne medications, oral antibiotics, and acne cleansers. It is very important to stop any tetracycline-based antibiotics such as minocycline and doxycycline as these can have a negative interaction with isotretinoin.**

