

Laser Hair Removal Instructions

Before your treatment:

1. Sun Exposure: Avoid tanning and tanning products 1 month prior to your treatment.
2. Medications: Please inform us if you have taken:
 - a. Isotretinoin in the past 6 months.
 - b. Topical retinoid products and glycolic products. You should discontinue 3 days prior to treatment.
3. Medical Conditions: Please inform us if you have a history of:
 - a. Active Connective Tissue Diseases like Lupus
 - b. Cold Sore Breakouts (Herpes Simplex) - we will give you medication to help prevent this from occurring.
 - c. Active Infections and Current Chemotherapy or Radiation therapy
 - d. Pregnant or Breastfeeding
 - e. Allergy to Latex or Topical Anesthetic agents
 - f. Keloid Scarring or Darkening of pigment in the skin
4. Preparation for Laser
 - a. 6 weeks prior - Do not pluck, wax, use a depilatory or undergo electrolysis in the areas you wish to have treated. Shaving is okay even the upper lip and chin area.
 - b. Shave the area to be treated the day prior to treatment.
 - c. Numbing Cream - Apply numbing cream to any sensitive areas like the lip, bikini and underarm.
 - i. You may purchase LMX-4 (4% lidocaine) or LMX-5 (5% lidocaine) at your local pharmacy or online.
 - ii. Alternatively, you can purchase a compounded numbing cream (23% Lidocaine/7% Tetracaine) for \$37.50/15 grams. Our office will order the numbing cream for you from our compounding pharmacy.
 - Please apply the numbing cream 60 minutes prior to your appointment.
 - Cover with saran wrap
 - Please do not exceed 15 grams per application

After your treatment:

1. Redness and Swelling – This is normal. It should resolve within several hours to several days after treatment. If you get blisters, please call the office.
2. Gently clean area twice daily.
3. Avoid irritants (glycolics, retinoids etc.) for seven days after treatment.
4. Apply sunscreen for 6 weeks over the treated area.

Pricing per Treatment: Treatments Recommended: 5 Treatments spaced 6-8 weeks apart

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| • Upper Lip and Chin - \$300 | • Lower Leg - \$500 |
| • Chin or Upper Lip or Mid Eyebrow or Toes/Fingers - \$200 | • Thigh - \$600 |
| • Underarms - \$300 | • Forearm - \$350 |
| • Bikini - \$400 | • Upper Arm - \$300 |
| • Back (per quadrant) - \$300 | • Neck/Beard - \$350 |

