

## Fractionated Ablative Skin Resurfacing Laser Instructions

The CO<sub>2</sub> laser (Active, Deep FX, & Total FX) is used for the treatment of fine lines and wrinkles, loose eyelid skin and wrinkles around the eyes, brown spots, uneven skin tone, acne scars, loose skin around the neck and jowls and enlarged pores.

### Before your treatment:

1. Sun Exposure: No sun exposure or use of tanning products 1 month prior to treatment.
2. Medications: Please inform us if you have taken:
  - a. Isotretinoin in the past 6 months to 1 year
  - b. Topical retinoid products and glycolic products. You should discontinue 1-2 weeks prior to treatment.
3. Medical Conditions: Please inform us if you have a history of:
  - a. Connective Tissue Diseases like Lupus
  - b. Cold Sore Breakouts (Herpes Simplex) - we will give you medication to help prevent this from occurring.
  - c. Light Induced Seizures or Reactions
  - d. Active Infections or Immunosuppression
  - e. Pregnant
  - f. Keloid formation
  - g. Prednisone therapy (current)
  - h. Melasma or Hyperpigmentation – we will start you on a lightening product 1 month prior

### One week before your treatment:

1. Expect a phone call from our office to detail the procedure.
2. Pick up numbing cream from our office & detailed aftercare instructions. Our office will order the numbing cream for you from our compounding pharmacy.
3. Make sure you have white vinegar on hand at home for the aftercare.
4. Start on antiviral and antibiotics 1 day prior.
5. Arrange for a driver on the day of the procedure.
6. Plan on 5-7 days of downtime.

### Day of the procedure:

1. Plan on spending 4 hours in the office. Bring reading material as you will also be numbing here.
2. Come with a clean face and do not wear your contact lenses.
3. We will provide you with a post procedure kit which includes gauze for the white vinegar soaks.
4. We will review your aftercare instructions in detail – please bring these with you.

### Pricing:

- Active FX Face - \$2500/Treatment
  - Add On your Neck, Chest or Hands - \$500/area
- Total FX (Active + Deep FX)
  - Active FX full face plus spot treatment problem areas with Deep FX - \$3500
  - Active and Deep FX Full Face - \$4500
- We require advanced payment prior to your scheduled treatment.

